

Roman Oben

September 7, 2010

## TESTIMONY OUTLINE FOR CONTACT ACT

- I. Introduction thanking Chairman Pallone and Rep. Pascrell
- II. Give brief history on my high school, college, and pro career
- III. Discuss personal concussion story followed by what I have seen from former peers and team mates.
  - A. People exerting their physical limits past normal human capacity
  - B. The culture in collegiate and pro sports of “playing hurt” and “not wanting to be replaced.”
- IV. Discuss culture of youth sports today.
  - A. Personal example of my son’s physical development vs. my development at his age.
  - B. Discussion on my observation of need for increase awareness, education
- V. Talk about what the NFL has done to improve the quality of health for players, specifically on concussion safety.
  - A. Why is this important on the youth level?
  - B. Why HR 1347 satisfies this need
- VI. Closing remarks and field questions from Pallone and Pascrell